

UNLOCKING THE MENTAL POTENTIAL IN SPORTS

- GET YOUR TEAM IN SYNC WITH TEAMFLOW -

IN SYNC, IN THE ZONE TOGETHER

The human brain is capable of reaching new heights like the development experienced during physical training. Based on research, professionalism is achieved by the development and training of mental abilities. Excellent physical foundations can only be exploited by an excellent set of mental abilities.

Athletes with trained mind are calm, inspired, effective and aware. The movements come easily and effortlessly. In this state the athletes can make good passes, coping with stress, make better connections with their teammates, and their performance is at optimum level.



TEAMFLOW DRIVES YOU TO THE SOLUTION

Our innovative **TeamFlow Cognitive Development System** product with convenient hardware elements and intelligent software background answers the How-To.

- Comfortable dry electrodes headbands are used, with under a minute setup (no "lab syndrome").
- Dozens of thematic neuro- (or HRV) feedback lessons are available for tune-up.
- Lessons are recommended by adaptive assessment, tailored to personal development.
- Individual results and progress are demonstrated on graphs and textual description of potentials.
- Push and pull result reporting on *Telegram*
- The software monitors and develops skills as attention, reaction time, resilience and mental stability.

UNIQUE TRAINING TECHNOLOGY FOR COACHES, ATHLETES AND TEAMS

- The software uses a special "state of mind compass" model for neurofeedback and evaluation.
- Synchronized **team neurofeedback training** (*from pairs up to 12 people*) is unique feature, with the graph analysis of group cohesion and even role-in-group affinity.
- Optional synchronized audio and video recording are also available.
- Our experience with the system also supports external applications and devices with appropriate context (e.g. measurement of mind states with event marks, during various activities, using VR, etc.).

Various software configurations are available for various needs from simple training to research application.

**WE BRING STATE-OF-THE-ART MENTAL TRAINING TECHNOLOGY TO THE MARKET AND
OPEN UP HIGHER DIMENSIONS FOR PEAK ATHLETIC PERFORMANCE.**



TeamFlow
the intelligent training technology

Contact: